



- ◆ *Do you have unproductive habits you'd like to eliminate from your life?*
- ◆ *Do you have great ideas but find that your fears or lack of motivation hold you back?*
- ◆ *Would you like to be able to relax easily and enjoy a more restful sleep?*
- ◆ *Or perhaps you'd just like to be more in the flow of life, feeling aligned and "on track"?*

Maybe you've already considered hypnosis as a possible solution, but dismissed it as "weird", "scary" or just too "out there".

### *Curious...?*

Then join *Certified Ericksonian Hypnotherapists* Tiffany Kay and Kate Trafford for an enjoyable evening where you can learn to

## ***"RELAX... It's Just Hypnosis!"***

Come along for an informative and enjoyable introduction to hypnosis, and learn how you too can learn to tap into your unconscious, that wisest part of you which knows everything you need for total success, fulfilment and happiness.

**Where?** Room Four, Leigh Street, Golbourne, Warrington, WA3 3PA.  
**When?** 7.00 – 9:30pm, Friday 19<sup>th</sup> January 2007 (coffee served from 6:30)

### **Special Offer:**

Attend for just **£20** (including VAT) and ***bring a friend FREE!***

Places are limited, so please book early to avoid disappointment.  
For further information, or to reserve your place, please call 0845 833 8831 or email [info@go-beyond-nlp.co.uk](mailto:info@go-beyond-nlp.co.uk)

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